

What happens when I go to sleep? EYFS

Twinkle, twinkle, little star. Why are there stars in the sky at night? What animals come out at night? Does everyone go to bed at the same time? It's time to find out more about night time! This half term we will be finding out all about owls, stars and bedtime stories, as well as learning about the Christmas story and putting on our very own Christmas performance.



Communication and Language	Listening to stories, listening and responding to each other as we talk and share our ideas. Listening and responding to our visitor. Nursery rhymes and language development.
Personal and Social Development	Circle time discussions and circle games – listen and respond. Classroom learning ladder. Continuing to build relationships with each other, talking about our families.
Physical Development	Development of fine and gross motor skills e.g. cutting, threading, squeezing. Using cutters, pencils, paintbrushes, playdough and other tools. Trikes and climbing equipment. Weekly PE lessons.
Literacy	Key Texts: 'The Littlest Owl' 'How to Catch a Star' and 'Peace at Last'. Discussion and retelling of texts, writing speech bubbles, writing ideas for a star catching kit. Daily Fred lessons.
Mathematics	Counting on, finding 'one more', using non standard units to measure length and height. Pattern and paying for items in a shop.
Understanding the World	Animals that come out at night, The Christmas story. Stars, and helping the baby owls to get down from their tree! Christmas baking. Using the computers.
Expressive Arts and Design	Paper craft, Kandinsky circles, stars, Christmas craft. Singing, dancing and our Nativity performances. Free painting, drawing, role play.

The night is all right! Why not do some stargazing together after dark - either from your garden or, even better, a rural location with minimal light pollution? There are apps you can use on your phone to help you to identify stars. Talk to people in your family who have worked at night. What are the similarities and differences between working in the day compared to at night? Perhaps you could visit the library together to choose some new bedtime stories to share? Which one is your favourite story to hear at bedtime?

