

## Are Carrots Orange? Reception

Food marvellous food! What do you like to eat? What don't you like so much? Where do our foods come from? Are you happy to try something new? How can we keep our bodies clean and healthy? It's time to find out more about eating well and being healthy.



Communication and Language	Sharing a wide range of texts, including non-fiction and fiction books, participating in 'Show and Tell' and listening and responding to each other. We will be learning to follow a recipe, looking at step by step instructions.
Personal and Social Development	Continuation of Circle time discussions – talking about fairness and how we can be fair in the classroom and outside. Looking after ourselves, and learning about staying healthy and safe. Development of relationships, negotiating problems and conflict resolution.
Physical Development	We'll use our senses to investigate foods, and see if we can taste things we've never tried before! We will think about how we can keep our bodies clean and healthy and investigate the best way to wash our hands.
Literacy	Key texts: 'Daisy Eat Your Peas', 'Oliver's Fruit Salad', 'Oliver's Vegetables', 'Dirty Bertie' and 'Jasper's Beanstalk'. We will be writing in different styles including recounts, labels and instruction writing.
Mathematics	Consolidation and development of number understanding; including addition and subtraction, doubles, money, solving practical problems. Shape, space and measure work; including months of the year and days of the week.
Understanding the World	We will be growing and caring for our own carrots and beans. We will learn about what plants need to grow and we will find out if all carrots really are orange!
Expressive Arts and Design	We will be using fruit and vegetables to print with, sketch and work together to create pastel pictures. We will design our own 3D garden, thinking about what fruits and vegetables we could grow.



We will be tasting foods we may not have tried before and planting our own vegetables to see how well they grow.



We will be visiting the local supermarket, exploring the foods that we can see there. *Which ones have we tried before?*

### Helping at home

Being healthy is fun! Why not taste a new fruit or vegetable that you've never tried before? You could also plant seeds and learn about what they need to grow. Alternatively, try following a recipe to make a healthy meal or snack.