



Hello!

Thank you for taking the time to read our second edition of SPS News – a newspaper by pupils, for pupils.

A massive thank you also to everyone that gave us feedback on our first issue – it's great to know that so many of you enjoyed reading it and it was brilliant to have ideas for future releases. If you'd like to give us some feedback, then please use the QR code to have your say.



From Mrs O'Brian and Mrs Dillingham

Meet the Team!



Tuuli



Ayla



Astrid



Freya



Lyra



Coco



Star



Soriya

The Interview

In this issue, I decided that it would be a good idea for you to get to know the heroes behind SPS News.



Tuuli

Class: Stoats

Favourite subject: Science.

Favourite chocolate: Dark, and bounty bars

What job would you like to have when you are older: A dog (woof!)

Ayla

Class: Stoats

Favourite TV show: Harry Potter, Dobby

Favourite colour: Purple/turquoise

Favourite year: Year 6



Freya

Class: Buzzards

Favourite chocolate flavour and bar: Milk chocolate and crunchies.

Favourite part of being in the newspaper club: My work gets published and I get to work with my friends

Favourite colour: Hot pink

Lyra

Class: Buzzards

If you could be in a book what would it be: Charlie and the Chocolate Factory - I'd be an Oompa Loompa

Your hobby: Reading

Favourite colour: Blue turquoise



Soriya

Class: Stoats

If you could be in a TV program which one would it be: Doctor who - I'd be the doctor

Favourite colour: Red coral

Favourite subject: Science



Coco

Class: Buzzards

Favourite subject: History, Tudors

If you could be in a film which one would it be: Harry Potter - I'd be Draco Malfoy

Favourite colour: Mint green

Astrid

Class: Buzzards

Favourite colour: Dark green

Favourite subject: Maths

Your hobby: Reading



Star

Class: Moles

Favourite subject: History

Favourite chocolate flavour and bar: Milk chocolate and even though it's not a bar, maltesers.

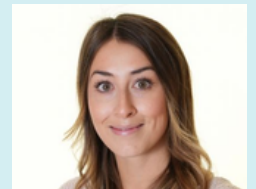
Favourite time of the year: Spring time

Mrs O'Brian

Class: Rabbits

Favourite colour: Light minty green

If you could be in a film or a TV program what would it be: I'd be Luna Lovegood from Harry Potter



Mrs Dillingham

Class: Woodpeckers

What is your favourite type of chocolate or bar: My favourite type is milk chocolate but I love a galaxy bar

Favourite time of year: Summer



Reported by Soriya

THE HISTORY OF VALENTINE'S DAY

Valentine's Day is an event of love and an occasion to spend with your loved ones, such as your family and friends. But when you find out what it is and how it became a beautiful and loving day, you will discover it isn't that nice.

It started on the 15th February 500 BC, in Rome, with an event called Lupercalia. The tradition was that young men would take strips of hide (skin) from sacrificed animals and slap young women with it. Lupercalia was immensely popular at the time however is not celebrated in England anymore.

The first of the two Valentines, was a priest who was arrested during the Roman persecutions of Christians. When brought before the emperor, Valentine (the priest) refused to renounce his faith and a punishment was given as he was house arrested. The person in charge of the house where Valentine was kept, challenged him to show the true power of God.

Valentine restored sight to a young blind girl and the whole of the house was converted to believing in God. Once word of the miracle and conversion reached the emperor, Valentine was sadly executed.

The second priest, the Bishop Valentine of Terni, was also a miracle worker. Known for his ability to heal physical disabilities, a clever man sent for the bishop to heal his only son, who could not speak or straighten his body.

PERSON OF THE WEEK

Saint Valentine

Who was he?

Saint Valentine was a 3rd-century Roman saint. He is the patron saint of lovers.



What did he do?

He defied the emperor's orders and secretly married couples to spare the husbands from war. He was commemorated in Western Christianity on February 14th.

After a night of prayer, the bishop healed the boy and the family. All the family switched to Christianity. Shortly after the bishop was arrested for his miracles and after he refused to convert to paganism. He was sentenced to be beheaded.

In the 14th century, Roman Pope Gelasius told the world that the 14 of February had been turned into 'St. Valentine's Day'. It was not until the Middle Ages, though, that the holiday became associated with love and romance.

Reported by Coco



Interview with Blue Peter Badge Winners!

There are so many different Blue Peter badges so Blue Peter have made this page to show how you could get your hands on one! Click here to see the page: <https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges> Can you collect them all?



Rowan - Year 4

What Blue Peter badge do you have?

- Sports badge - you can get this by trying a new sport.
- Blue badge - this can be earned by sending in interesting letters, stories, makes, pictures, poems or good ideas.
- Green badge - these are awarded for showing how much you care about nature and the environment.



How did you get your green badge?

I rescued a seagull and then gave it to the vets.



How did you feel when you got your first badge?

Excited and happy.

Why did you want a Blue Peter badge?

I wanted to feel proud of doing something, and to go to free places.

What is your favourite Blue Peter badge that you don't have yet?

Orange.

Neve - Year 5

How did you get your sports badge?

I signed up for a new sport.

Have you ever got on to Blue Peter?

No

How does it feel to have a Blue Peter badge?

Proud.

How does it feel to be the only person in your class to have a Blue Peter badge?

It feels nice and awesome to have one.



Reported by Ayla

Science+Nature

SPACE

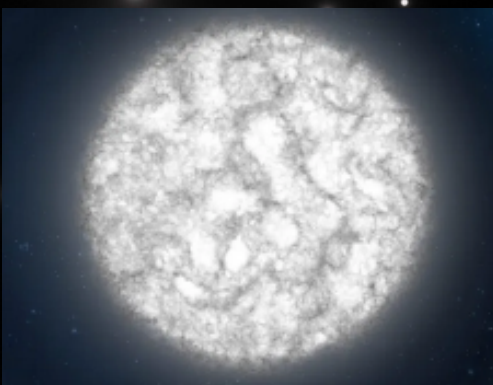
Space is the name for the vast universe we live in. It comes from the Latin word spatium, which means a big distance. If you were to look up at the sky on a clear night after dark you might be able to see the moon. However there is way more than just the moon out there. There is actually an endless universe of stars, planets and who knows what more. There is so much of it that it is thought that only 5% of it has actually been discovered, but we might never know as it could be infinite! It is thought that there may even be no “centre” to the universe at all as it is always moving and expanding.

Next time there is a clear night why not head out and try to spot as many constellations as possible. The easiest ones to spot are: Ursa Major/the great bear, Orion/The Hunter and cassiopeia.

Here are some interesting features about space that would need a very strong telescope to spot.

BLACK HOLE

A black hole isn't actually a hole at all, it is what remains of a large star once it has come to the end of its life. When these large stars die they condense into a ball smaller than the earth with such a large gravitational pull they suck up all of their surroundings. It is thought that there is a massive black hole at the center of our galaxy, the milky way.



WHITE DWARF

When a smaller star of the sun's size dies it shrinks down to a very small, dense ball. However unlike a black hole it still glows faintly until it slowly fades away to become a black dwarf!

Science+Nature

NEBULA

Nebulas are huge clouds of gas and dust that can either be remnants of an exploded star or the start of a new one. This picture shows a nebula called the pillars of creation, it can be found in the Serpens constellation, a constellation located in the northern celestial hemisphere in the milky way. It is a great 37,817,971,200,000km long which is bigger than our solar system! Because of how far away it is at the moment we are seeing it as it was 6,500 years ago so it might not even exist any more!



Constellation of the month



Name: Aquila/The Eagle

Location: The equator near Aquarius

Best seen: June ➡ September

Story: In classical Greek mythology, Aquila was identified as Aetos Dios, the eagle that retrieved thunderbolts for Zeus. It is also said that Zeus was sometimes seen in the form of an eagle or turned others into eagles to fulfil his wishes.



Reported by Astrid



Eco Club!

We are happy to announce that there will be a new club starting which will run during the school day. It will be every Monday and Thursday. In the club we will be looking at ways to help our planet including things like: planting flowers, thinking about pollution and lots more.

Please speak to Ailla in Moles class to join or find out more information.

If you want to join you must be willing to get your hands muddy.



Science+Nature

ANIMAL OF THE MONTH

MANATEE

Habitat: Warm, shallow fresh or saltwater.

Diet: Seagrass and other underwater vegetation.

Lifespan: In the wild manatees can live 50 years or longer.

Size: 3 meters - as long as two children's bikes lined up end to end.



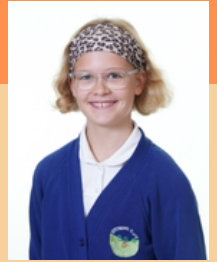
FUNNY ANIMAL FACTS

- Manatee babies drink milk from a gland in their mother's armpit
- A tri-colour or calico cat is almost always female
- Gorillas can catch human illnesses
- Rats are ticklish and laugh when they are tickled
- A chameleon's tongue is twice as long as it's body
- Squirrels kiss when they meet each other
- Pandas don't have regular sleeping spots; they just fall asleep wherever they are
- There are studies that show that cows produce more milk when they are listening to quiet music
- A male ostrich can roar like a lion
- Crickets have ears on their front legs



Reported by Tuuli

Story Time



The Quiet Hero by Tuuli Beckett

“PLEASE DO NOT PANIC!” squealed a voice over the tannoy, making everyone panic. The pilot of the transatlantic jumbo jet continued, “We have a teensy-weensy little problem. One of the engines is ever so slightly broken.

Unfortunately, the other engine is completely broken. For the time being, please keep your seatbelts fastened and enjoy the onboard entertainment.”

In first class, three rich men grunted in annoyance at this interruption to their luxury pampering.

“Harrumph!” said Jake McDude, the famous TikTok star. “I wouldn’t even be on this broken down tin can of a plane if my own fleet of private jets wasn’t at the garage being painted orange ready for autumn.”

“Well, quite,” retorted Randolph Chip, the founder and chief of Big and Beefy, the world-famous chain of burger joints. “I hope we don’t crash into the sea too soon because I was planning to eat another bucket of onion rings before we arrive. You know what they say: ‘We love it greasy!’”

“Well, I’m not going to just sit here and wait to die,” butted in Cecil Crinkly-Tinkerton, the MP for Frimlington. “I’m probably going to be prime minister in the next election. I propose that everyone listens to me making a rousing speech.”

“No, no, no! Everyone should watch me doing a cool dance,” interrupted Jake McDude, putting on some shades and hitting RECORD on his phone.

“No, I’m the best person to save the day,” said Randolph Chip. “I started my company when I was only sixteen, and I’m richer than both of you!”

Meanwhile, at the other end of the plane in economy class, Sonia Hamilton, teaching assistant at Oak Tree Primary School, had suddenly had to take charge of the school trip after Mrs Blenkinsop fell sick (she had eaten too many Haribos). Sonia was simultaneously: helping a child to the toilet; telling off another child for being too noisy; texting her husband instructions on how to use the dishwasher; and looking after Mrs Blenkinsop.

“Miss Hamilton?” said Tiny George, a pupil at Oak Tree Primary School. “Did the aeroplane just say it was broken?”

“Oh yes, I think it did,” Sonia replied. She almost hadn’t noticed because she had been so busy helping everyone. “Luckily, I read a book about aeroplane maintenance last week. Please could you look after Mrs Blenkinsop while I pop up to the other end of the plane to take a look?”

“OK, Mrs Hamilton,” said Tiny George, holding out his hand for Mrs Blenkinsop’s sick bag.

Sonia walked through economy class and into first class, accompanied only by her pocket tool box which she always kept in her handbag. Reaching the end of First Class, she crouched down and lifted up a panel in the floor. As she repaired the faulty wiring, the three rich men sat staring at her like a bunch of lemons.

“Does she really think she can fix the aeroplane?” mumbled Cecil Crinkly-Tinkerton, his mouth falling open in surprise.

“Yes, I do and I have, thank you very much,” said Sonia firmly, replacing the panel. “I find it’s better to get on with the job rather than sitting around boasting!”

Turning on her heel, she returned to economy class. As she reached her seat, an announcement came over the tannoy.

“I am pleased to announce that the plane has mysteriously healed itself,” said the pilot.

Everyone on board breathed a sigh of relief, then chatted excitedly about the miracle that had just occurred.

“Why don’t you go and tell them that you fixed it, Mrs Hamilton?” whispered Tiny George into Sonia’s ear.

Sonia shrugged. “They wouldn’t believe me,” she replied. “Besides, I know I can be proud of myself and that is all that matters.”

“I’m proud of you too,” said Tiny George in a small voice, giving her a hug. Sonia smiled, then got up to empty Mrs Blenkinsop’s sick bag.



Book Reviews

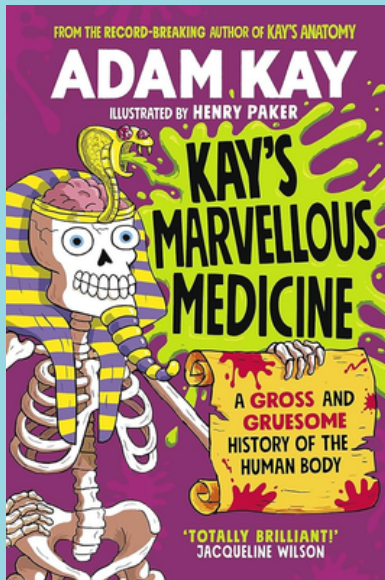
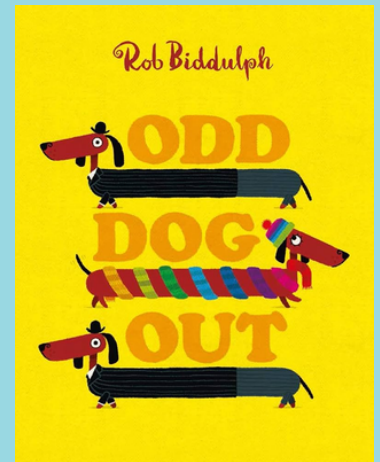


Odd Dog Out

by Rob Biddulph



It's a dog's life in the big city... Come join one busy dog on her journey to find her place in the world, from Rob Biddulph – the genius behind the #DrawWithRob. There are lots of dogs in the world... But one dog doesn't quite fit in... I would recommend this for ages 4-6.



Kays Marvellous Medicine



by Adam Kay

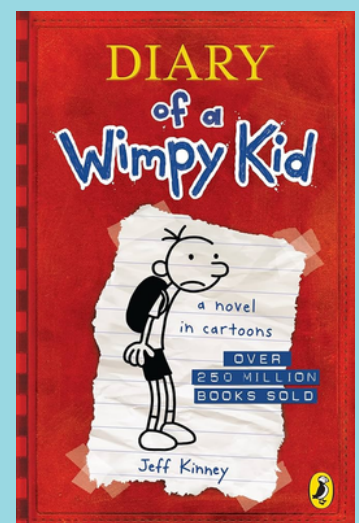
Read this book and you're virtually a qualified doctor! Educational and entertaining - it should be on the national curriculum! It is hilarious and fascinating! This is a good book for ages 8-11 although some bits are a bit gruesome for younger readers.

Diary of a Wimpy Kid

by Jeff Kinney



Diary of a Wimpy Kid is a children's novel written and illustrated by Jeff Kinney. It is the first book in the Diary of a Wimpy Kid series. The book is about a boy named Greg Heffley and his attempts to become popular in his first year of middle school. It is so funny and I would recommend it for ages 7-12 years olds.



By Freya



The Big Debate

Should children have to wear uniforms?

There are many arguments for and against children wearing school uniforms. Many children find it annoying to have to wear clothes that don't suit their liking but others find that it is useful to identify their pupils when on school trips. Some say that uniforms are boring, others say that they're smart. In this debate we will go through reasons for both sides as to whether children should choose their own clothes or if uniforms are better. More importantly, we want to know - do you think children should wear school uniforms?

Yes

It is important that you wear a school uniform so that other people will know what school you're from. On trips, it's easy for teachers to spot their children and means it is more safe. It would also be useful to wear a uniform for whole school photos and class photos to make it look smarter and more sensible. Children also wouldn't have to worry about some of your favourite clothes getting dirty, ripping or getting lost.

No

Wearing school uniform is boring; children should be able to wear anything they want to express their individuality. Pupils should not be forced to wear something they do not want to wear - we should be able to pick our own uniforms to feel free, not itchy and uncomfortable. Children need to have independence in what they wear for their future life. School uniforms also cost a lot of money. While some families may be able to afford them, others may not.

Reported by Ayla and Lyra



Here are the results from our last debate: *Should children be allowed to manage their own meals?*

Should children be allowed to manage their own meals?



● Yes
● No

Music

Music is an amazing thing; you can learn many things from it. It can be made by bands, solo artists and more! This article will tell you all about **famous singers, iconic bands and amazing instruments!**

Band of the Week



One of the most popular bands of all time is the Beatles. In the Beatles there were four men: John Lennon , Ringo Starr, Paul McCartney and George Harrison. The Beatles are most famous for their famous rock songs such as Hey Jude, Yesterday, and Let it Be.

The Beatles were loved by many people all around the world. The Beatles were a band for 7 whole years and split up in 1960 due to money problems and John's relationship with Yoko Ono.

Singer of the Week

Name: Miley Cyrus.

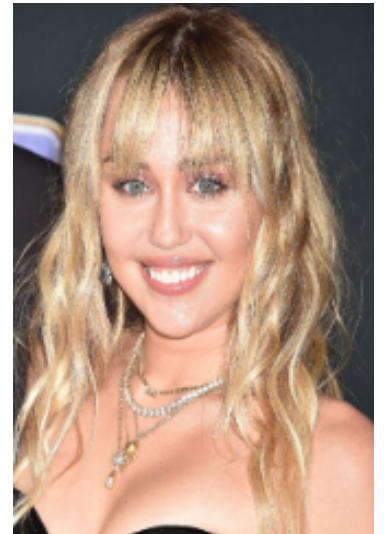
Most popular song: Wrecking Ball.

Style: Pop.

Born: November 23, 1992

From: Franklin, Tennessee, USA.

Became famous by: Miley Cyrus is first famous for her television show Hannah Montana (2006–11) and its related soundtrack albums.



Instrument of the Week



The ukulele is a four stringed musical instrument. Ukuleles are part of the guitar family of instruments. The strings are usually tuned G, C, E, A' or A, D, F#, B.

It is associated with the music of Hawaii. The word ukulele (sometimes spelled ukelele) means “Leaping Flea” in Hawaiian.



Reported by Star and Coco

Young Voices



Our school provides many music opportunities such as the O2 young voices, which took place this year on January 15th. Year 5 were invited to the London O2 arena to perform in the largest children's choir in the world.

This year at the young voices there were three special guests the first special guest was MC Grammar the second guest was Natalie Williams and the final guest was a thirteen year old drummer named Nandi Bushell. Young voices is a amazing opportunity for all schools to perform all styles of music including folk, pop, rock and classical.

What was your favourite part about the O2 young voices ?

My favourite part was watching the dancers doing backflips - Year 5 pupil

Seeing year five having the time of their lives rocking out to great music! - Mr Mott

The O2 trip was probably the single most phenomenal event I have been involved with as a teacher. It was amazing! - Mr Carter Year 5 teacher



What makes this experience so special?

All of the children singing together in a huge famous arena - Year 5 pupil

It's an amazing opportunity for young people to sing with thousands of others alongside very special professional musicians. - Mr Mott

The hubbub of excitement on the coach as we drove through London and saw the towering spires above the dome was fantastic. Inside, the arena was a eclectic mix of sound and energy. The hosts, entertainment and, most importantly, the children's choir was immense. What an experience! - Mr Carter Year 5 teacher



Reported by
Star and Freya



RECIPES

CHOCOLATE AND BANANA MUFFINS

THESE CHOCOLATE BANANA MUFFINS ARE SO MOIST AND FULL OF FLAVOR! HERE ARE SOME DELICIOUS RECIPES PERFECT FOR A PARTY, SNACK OR EVEN BREAKFAST. I HOPE YOU ENJOY THEM AS MUCH AS WE DID!

Serves: 12 cupcake cases.

Ingredients

2 cups flour (250g)
1 cup light brown sugar (200g)
3 teaspoons baking powder
1 teaspoon cinnamon
1 ½ cups mashed ripe banana or 337g peeled weight
½ cup soy milk (120ml) or other non-dairy milk
¼ cup coconut oil (55g) or vegan butter
1 cup vegan chocolate chips (175g) plus more to place directly on top of the muffins before baking.



Method

STEP 1: Preheat the oven to 350°F (180°C) and grease the tray.

STEP 2: Pour the flour into a mixing bowl and add the light brown sugar, baking powder and cinnamon. Stir together.

STEP 3: Put the bananas into a bowl along with soy milk and coconut oil. Mix until smooth.

STEP 4: Pour the blended mix out over your dry ingredients and stir into a batter.

STEP 5: Add chocolate chips and fold them into the mix. Make sure to save some for a topping!

STEP 6: Divide the batter evenly between the muffin tray. Add the extra chocolate chips directly to the tops of the muffins before baking.

STEP 7: Bake for 25 minutes or until a table knife inserted into the centre of one of the muffins comes out clean (or with melted chocolate, no wet batter).

STEP 8: Let the muffins cool in the tray for a few minutes and then transfer them to a wire cooling rack to cool. Enjoy!

RECIPES

Vegan Blueberry Pancakes

ANOTHER DELICIOUS RECIPE PERFECT FOR A
PANCAKE DAY TREAT.

Ingredients

1 cup sprouted Spelt flour (or gluten-free flour blend, regular flour)
1 1/2 tbsp baking powder
1/4 tsp salt
1 tbsp sweetener of choice (coconut sugar or maple syrup work well)
1 cup almond milk
1 tbsp coconut oil, melted
1 flax egg (1 tbsp ground flax seeds mixed in 3 tbsp water)
2 handfuls of blueberries
extra coconut oil to grease the pan

Method

Step 1: Mix the flour, baking powder, salt and sweetener together in a bowl.

Step 2: In a separate bowl, whisk the almond milk, coconut oil and flax egg together.

Step 3: Pour the wet ingredients into the dry and gently mix just until combined. Do not overmix!

Step 4: Next gently stir in the blueberries.

Step 5: Let the batter rest for 5 minutes.

Step 6: Heat some coconut oil in a large skillet on medium heat.

Step 7: Pour a scoop of the batter into the pan letting cook for 2-3 minutes or until little bubbles start to form.

Step 8: Flip and cook for 1 minute on the other side.

Step 9: Repeat until all the pancakes are made



By Astrid and Coco



ART & CRAFTS

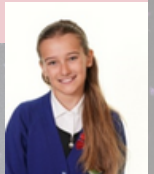
For someone you love!

Why not make something for someone you love? We've found 3 fun and creative ideas!

Idea 1:	Idea 2:	Idea 3:
<p><u>You will need:</u></p> <ol style="list-style-type: none">1. Paint (green, brown, blue and yellow)2. A hand (yours)3. Coloured card	<p><u>You will need:</u></p> <ol style="list-style-type: none">1. Coloured card (any colour)2. Envelope3. Stickers	<p><u>You will need:</u></p> <ol style="list-style-type: none">1. Coloured card (any)2. A hand (yours)3. Ribbon4. Cocktail stick
		

Here's a poem you could include with your gift:

*Love is the force that holds us tight,
And keeps us safe both day and night.
Love is the guide that gives us strength,
And for your love I would go to any length.*



FESTIVALS & CELEBRATIONS

EID AL-FITR

What is Eid?

Eid is a festival millions of Muslims celebrate at the end of Ramadan normally in April. Eid marks the end of the month of fasting from dawn to sunset.



How is Eid celebrated?

The day starts with prayers and a big meal is usually the main event, but there's lots of other ways people celebrate too. During Eid, one of the most common things you'll hear people say to one another is "Eid Mubarak!" This means "blessed Eid" and is a way of expressing celebration.



Food

On this special day Muslims eat many special foods such as meat curries called biryani. They also eat the loved snacks samosas and delicious stuffed dates as a sweet treat



Clothes

On Eid beautiful clothes are worn. The women wear hijabs, kameez, and sharara sets, the men also wear very smart clothes like pathani suits and nehru jackets.



Reported by Star

What Colour is your heart?

Do you want to see what colour your heart is?

Then take this test to find out...



By Lyra and Freya

1. Do you like sharing?

- A. No way.
- B. Kind of.
- C. Yes
- D. All the time

2. Do you trust people?

- A. I'm a private person.
- B. I trust people with small things.
- C. Most of the time.
- D. Everyone should be trustworthy!

3. What's your favourite colour?

- A. Red.
- B. Yellow.
- C. Green.
- D. Blue.

4. How much do you care for people?

- A. I try to be kind to everyone.
- B. I like being friendly.
- C. I'm really kind but sometimes lose my temper.
- D. Being kind and caring is my talent.

5. Do you like being social?

- A. I only like going out with my best friends.
- B. I like going out with people but only in a small group.
- C. I like going out with everyone as long as it doesn't get hectic.
- D. I love going out with everybody!



If you scored mostly A's then your heart is red. It means that you try your best to be kind and love to hang out with your bestest friends but sometimes like to keep things to yourself.

If you scored mostly B's your heart is Yellow. You are very polite to everyone and don't mind going out with all of your friends.

If you got mostly C's then your heart's colour is green. Everyone thinks you are very respectful and they know they can rely on you. You love to spend time with people as long as it doesn't get too dramatic.

If you got mostly D's your heart is blue. You are a social butterfly who loves to hang out with anyone. You share with everyone and your smile gives so much joy!

WORLD BOOK DAY

This world book day we celebrated by dressing up as our favourite character from a good book and we brought our favourite book in to share with everyone. If people didn't want to dress up they wore their own clothes or pyjamas.

Here are some of the things that other schools do to celebrate world book day:

1. Talk about books in class. Books you've read, books they like, books they want to read
2. Introduce D.E.A.R. time - Drop Everything and Read during the school day.
3. Get the children to complete the sentence "I like this book because..." (KS1 can be just 5 words, KS2+ can be longer) and then create a display with the commendations.
4. Get everyone in class to contribute to a discussion about "if you like...The Gruffalo/Harry Potter/ Wimpy Kid/ Roald Dahl" why not read... and make a display of the suggestions.
5. Create an area in every classroom (not just the library) where you pin up photocopies of book covers and add a post it note about it. Create a reading rockets competition where each week classes adds up how many pages they've read. Get them to compete with each other for the glory of being named the Reading Rockets Champions!
6. If you think a child might like a particular book, leave it on their desk with a note and ask if they'd like to read it.

For our world book day we got given a book token to buy a book with.
We all hope you had a good book day!





FUN MATHS FOR EASTER!

**OH NO! The easter bunny has forgotten
who else he needs to deliver eggs to.
Help him to figure it out.**



Name	Age	Fav Colour
Oliver	12	Red
Jessica	9	Purple
Lucy	7	Yellow
John	8	Blue
Emma	11	Purple
Jodie	5	Green
Peter	7	Red
Maya	9	Pink

**Task 1: If most of the statements are true then
the child is 9 or above.**

$$3 \times 3 = 9$$

$$25 + 7 = 36$$

$$27 \times 2 = 54$$

$$6 \times 7 = 42$$

$$38 - 13 = 25$$

$$6 \times 4 = 64$$

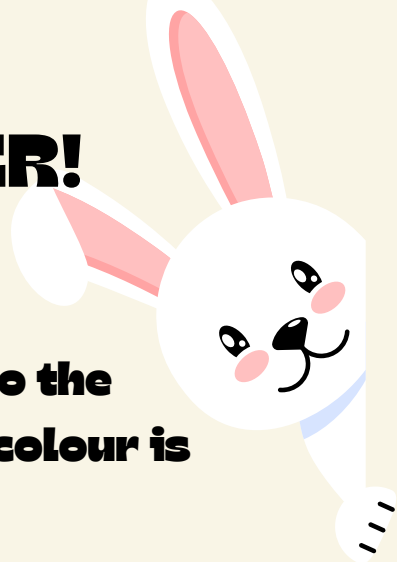
$$57 - 35 = 14$$

$$67 + 10 - 6 = 71$$





FUN MATHS FOR EASTER!



Task 2: If all of the answers are 64 to the calculations below, then their favourite colour is not purple.

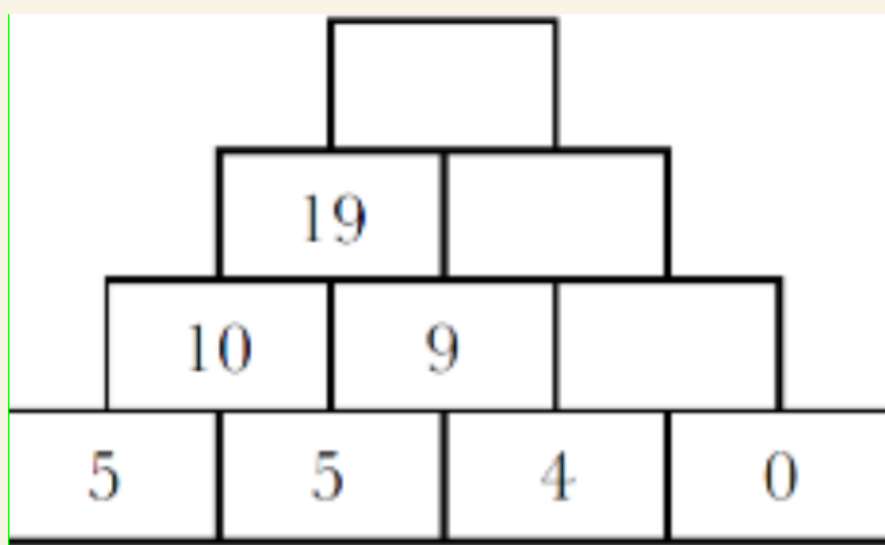
$$4^3 =$$

$$67 - 3 = 35 =$$

$$___ - 72 =$$

$$32 \times 2 =$$

Task 3: Find the number at the top of the pyramid then divide it by 2 if the answer is even then the child's name begins with J.



Who?



Teamwork Makes The Dream Work!

Together everyone achieves more

Everyone makes a difference

Anyone can help

More the merrier

Working together helps everyone

Overcoming difficulties

Recognising others feeling

Kindness is the key

By Lyra

