

Umbrellas

Parent Support Group

Spring Term 2023

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Umbrellas Online

Thursdays via Zoom

12th January	10 am - 11.30 am
19th January	7.30 pm - 9 pm
26th January	10 am - 11.30 am
2nd February	7.30 pm - 9 pm
9th February	10 am - 11.30 am
23rd February	7.30 pm - 9 pm
2nd March	10 am - 11.30 am
9th March	7.30 pm - 9 pm
16th March	10 am - 11.30 am
23rd March	7.30 pm - 9 pm
30th March	10 am - 11.30 am

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact Hannah Delmar-Addy:

Email: hannah@reachingfamilies.org.uk
Telephone: 07951 794734

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

11th January / 1st February / 8th March

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

17th January / 7th February / 14th March

Billingshurst Umbrellas

Wednesdays, 10 am - 11.30 am

Billingshurst Community Centre

18th January / 22nd February / 22nd March

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

24th January / 28th February / 28th March



www.reachingfamilies.org.uk

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